

THE NEW YORK INSTITUTE OF METAPSYCHIATRY

NEWSLETTER REPORT

WINTER

1977

WINTER CONFERENCE

The Western Winter Conference of the New York Institute of Metapsychiatry was held on February 11-13 in Newport Beach, California. The Conference was hosted by Mrs. Phyllis Larzelere in her lovely home, and was conducted by Jan and Ann Lonthorst. There were four sessions and one gathering with the families of the participants for a "covered dish" dinner. The winter conference proved to be a great blessing. Moreover, it demonstrated that a wide interest has been generated by the students of Metapsychiatry among their relatives and friends. For the benefit of these, two introductory seminars were scheduled prior to the conference in order to acquaint newcomers with the basic ideas.

THE THIRD PRINCIPLE

The conference theme was the Third Metapsychiatric Principle: "There is no interaction anywhere; there is only Omniaction everywhere." The principle was introduced by Dr. Hora in a taped presentation as a statement or prayer which acknowledges the presence of one Infinite, Omnipotent Power, the divine Presence, which governs all things everywhere in the most perfectly harmonious way, and which is in absolute control, regardless of what seems to be happening on a human level. Interaction thinking, whether it is a thought about one's children or spouse, the weather, or a pain, is always an ignorant thought colliding with another ignorant thought, and it therefore prevents us from seeing what really is.

THE CENTER OF ACTION

In the introduction to the weekend, following Dr. Hora's taped instruction, Ann Linthorst defined the purpose of the gathering as a quest for a realization of that which lies beyond opinions, concepts, and intellectual thinking. She recommended an attitude of humility, gratitude, and reverence which would best allow this to happen, rather than an attempt to "get something out of" this weekend. She then suggested that the issue is: What is the center of action? Clearly, in any given day, there is a great deal going on between us and others, but this may or may not be interaction. If we see ourselves as a center and the other as a center and are trying to make something happen to ourselves or others, that is interaction. But if we see ourselves and others participating in and manifesting the one action of Life, Omniaction Love-Intelligence, the Source and Center of all activity, that is Omniaction!

OVERCOMING THE CROSS

In a second taped instruction, Dr. Hora explained interaction thinking as the horizontal bar of the Cross. The human condition is a miserable condition in which we are crucified between interaction and Omniaction. When interaction thinking is removed from consciousness, we are not only enlightened, but we are no longer human beings; we are spiritual beings. We can find this freedom to the extent that we are willing to discipline our thinking away from interaction towards the prayerful endeavor to discern the truth of Omniaction as the sole reality of the Universe.

FAMILY VALUES

On Saturday night the families of the participants gathered for a “covered dish” dinner. After the meal, the parents and children were invited to discuss what values were most consistently expressed in the family, and what values needed greater expression. The purpose of this discussion was not only to bring into awareness the possibility of wholesome values in family life, but also to provide an opportunity for a discussion of them with the participation of the entire family. One family with teenagers commented that it was the first time they had ever discussed something like this as a family. A songfest closed the evening's activities.

THE SOUNDLESS MUSIC OF LIFE

Three periods of quiet meditation were observed during the weekend. Participants were invited to study a statement on Omniaction, entitled The Soundless Music of Life, which Dr. Hora provided. On Sunday morning, a meditation-sharing meeting included the introduction of the picture “The Light Shines” as a meditation aid plus selected readings from literature pointing to Omniaction. A quiet time followed, with participants sharing comments of gratitude and understanding.

SPECIAL NOTE: In order to make the summer conference more accessible to those wanting to attend, it will be held in the Los Angeles area over the 4th of July weekend.